Kindness Website Links

Wellbeing and Kindness resources <https://www.elsa-support.co.uk/category/free-resources/>

An A-Z of kindness <https://www.elsa-support.co.uk/a-to-z-of-kindness/>

Place2B Kindness Cups <https://www.place2be.org.uk/about-us/news-and-blogs/2020/may/award-a-kindness-cup-for-mental-health-awareness-week/>

Red Cross Kindness Calendar <https://www.redcross.org.uk/get-involved/teaching-resources/kindness-calendar>