Long Term Plan PSHE 2022-23

Year Group Curriculum Map

Subject	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Rec	Amazing Me	Once Upon a Time Let's Celebrate	We can be Heroes	How do Things Grow?	Creep and Crawl	We are Explorers
	See themselves as a valuable individual Build constructive and respectful relationships. Express their feelings and consider the feelings of others.	See themselves as a valuable individual Build constructive and respectful relationships. Express their feelings and consider the feelings of others.	Show resilience and perseverance in the face of challenge. Identify and moderate their own feelings socially and emotionally.	Show resilience and perseverance in the face of challenge. Identify and moderate their own feelings socially and emotionally.	Think about the perspectives of others. Manage their own needs.	Think about the perspectives of others. Manage their own needs.
Year 1	Be Yourself	TEAM	Diverse Britain	Money Matters	It's My Body	Aiming High
Year 2	VIPs	Think Positive	One World	Safety first	Digital Wellbeing	Growing up
Year 3	TEAM	Think Positive	Diverse Britain	Be Yourself	It's My Body	Aiming High
Year 4	VIPs	Safety First	One World	Digital Wellbeing	Money Matters	Growing Up: Rules and Responsibilities
Year 5	TEAM	Think Positive	Diverse Britain	Be Yourself	It's My Body	Aiming High
Year 6	Aiming High	Safety First	One World	Digital Wellbeing	Money Matters	Growing Up