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| **Learning Project WEEK 4: Food** | |
| Class 1P  I hope you are all well and I am missing you all lots! I hope you enjoy the learning tasks and activities. You can send pictures and photos of what you have been doing to [mrspokorahassell@gmail.com](mailto:mrspokorahassell@gmail.com) I’d love to see them! Mrs Pokora ☺ | |
| **Weekly Maths Tasks (Aim to do 1 per day)** | **Weekly Reading Tasks (Aim to do 1 per day)** |
| * White Rose Maths have daily lessons for each year group that include a short video and questions to answer to practise the skill taught. * You can do any working out in your exercise book and write the answers to the questions in there too- we understand that not everyone will have a printer so just do any questions you can. * Year 1 Summer Term Week 4: Addition and Subtraction   Please find the activity sheets and answers for this week  Activity sheets and answers for this week will be added to the school ebsite as they are no longer available on white rose maths.   * <https://whiterosemaths.com/homelearning/>   These activities will now link to the daily lessons and activities on the **BBC Bitesize Home Learning Year 1**:  <https://www.bbc.co.uk/bitesize/tags/zjpqqp3/year-1-and-p2-lessons/1>  **Other activities you could try:**   * Working on [Numbots](https://numbots.com) - your child will have an individual login to access this- please let us know if you have not received an email. * Play on [Hit the Button](https://www.topmarks.co.uk/maths-games/hit-the-button) - number bonds, halves and doubles. * Count on and back from different numbers:   <https://www.topmarks.co.uk/learning-to-count/blast-off>  For most of these the children will need to ‘count-on’ or ‘count-back’. Hold up fingers for the number to be counted-on or counted-back. Tap your head and say the biggest number, then fold down the fingers as you count forwards or backwards until they are all folded down.  Start with 0-20, then move onto 0-30. Try 30-99 if your child is secure with the first 2.  Addition Investigation: | * Every day try to read a book, magazine or other text or you could try an online reading book: * The Oxford Owl website has reading books of different levels. You need to register and log in to access all the books. * <https://home.oxfordowl.co.uk/books/free-ebooks/> * Collins Big Cat Reading Books * [https://connect.collins.co.uk/school/portal.aspx#](https://connect.collins.co.uk/school/portal.aspx) * Click on Teacher Sign in. User name: parents@harpercollins.co,uk Password: Parents20! Click on Collins Big Cat. * On the side or back of your school child's reading book there should be a colour band; this will help to choose the level of reading book online too. * Can you read a story that is about food? * If you spot any food or drinks in your book, you could make a list of them in your purple book.   ● Read the common exception words in your purple book and time how long it takes for you to read them all. Can you beat your score by the end of the week? (You could try just half the words first)    **Exclamation marks:**   * Look at some pages in your reading book or a book at home. Can you spot any exclamation marks? * You could watch this clip to find out more:   <https://www.bbc.co.uk/bitesize/topics/z8x6cj6/articles/z3dcmsg>  Why has an exclamation mark been used? Is it for surprise? Something shouted? A noise? A shock! Something that’s amazing? Etc.  Read the sentence or word with an exclamation mark again- can you use your voice to show expression? Try this for other exclamation marks you find.  **Other activities:**   * Read out aloud the ingredients on the back of a tin or cereal box to an adult? Discuss the meaning of different words you see. * Find some different food and drinks e.g. spaghetti, milk, **br**ead, **ba**ked beans and oranges. Put the foods in alphabetical order or write them in alphabetical order in your book. How many different foods can you put in alphabetical order? |
| **Weekly Phonics/Spellings**  **Tasks (Aim to do 1 per day)** | **Weekly Writing Tasks (Aim to do 1 per day- some tasks could be completed over 2 days)** |
| There are daily Read Write Inc phonics lessons live on the Ruth Miskin YouTube Channel: Set 1 Sounds 9:30AM; Set 2 Sounds 10:00AM and Set 3 Sounds 10:30AM.  Most children in Year 1 and 2 will be learning the set 2 or 3 sounds. The videos are available for 24 hours after the live sessions (please be aware that this is on YouTube and so we recommend adult supervision).  <https://www.youtube.com/channel/UCo7fbLgY2oA_cFCIg9GdxtQ>  There is a parent guide to ***Read Write Inc.*** and online activities to practise writing and spelling at:  <https://home.oxfordowl.co.uk/reading/reading-schemes-oxford-levels/read-write-inc-phonics-guide/>  Play a phonics or spelling game:  ● <https://new.phonicsplay.co.uk/>  • <https://www.topmarks.co.uk/english-games/5-7-years/letters-and-sounds>  • <https://www.topmarks.co.uk/english-games/5-7-years/words-and-spelling>  **Other activities:**  Practise spelling common exception words (see your purple exercise book for the words).  Practise saying the months of the year. You could say them forwards through the year and backwards.  Practise spelling the months of the year- practise 2 or 3 each day to help.  You could write the months out on pieces of paper, mix the pieces up then put the months back in order. With someone: mix the months up then take one out. Can they work out which is missing? | Information about where different food come from and how they are made:  <https://www.bbc.co.uk/iplayer/episode/b07tzrgr/sign/maddies-do-you-know-series-1-3-fizzy-water-and-yoghurt>  <https://www.bbc.co.uk/iplayer/episode/b07w5b7v/maddies-do-you-know-series-1-10-water-park-and-ice-cream>  <https://www.bbc.co.uk/iplayer/episode/m000hs1w/maddies-do-you-know-series-4-10-glass-recycling-and-jam>  <https://www.bbc.co.uk/iplayer/episode/b07x16n2/maddies-do-you-know-series-1-11-popcorn-and-pasta>  Ask your child to:  Shopping list sorting:   * Create a shopping list of your 10 favourite foods! (try not to have more than 1 food with the same first letter). Sound out each word carefully. For longer words, break it into syllables and write each syllable eg. ham-bur-ger. Now write out your list in alphabetical order.   Instructions:   * Write a set of instructions for making a sandwich or you could write instructions about something else you have made for lunch one day.   -Write a ‘What you need list’ e.g. bread, butter, cheese, chopping board, knife.  -Now think about the order of the steps.  -Use words like First, Then, Next, Now to help order the steps.  - Write a number at the start of each step e.g. 1. First  *The Disgusting Sandwich*  You could listen to this story on:  <https://www.hannahshawillustrator.co.uk/books/picture-books/the-disgusting-sandwich/>  (scroll down to find the recording)   * There are some activities on the webpage you could complete and/or you could write your own instructions for a disgusting sandwich! Ugh!   Food poems:   * Write a poem about the different foods in your fridge- you can add foods you like too.   You could use this beginning:  *I went to the fridge.*  *I opened the door.*  *There on the shelves*  *Inside I saw:*  E.g. Six juicy red tomatoes  Three chunks of smelly hard cheese  One wibbly wobbly strawberry jelly  Try to use different adjectives to describe the food- colour, size, smell, shape, taste. |
| **Learning Project: Food**  **Choose from the different activity suggestions:** | |
| **Food**  **The project this week aims to provide opportunities for your child to learn more food. Learning may focus on where different foods originate from, what makes a healthy meal, opportunities to cook etc .**  **Balanced diet:** Find out about how different foods help us and what a balanced diet is. With a parent/carer you could watch:  <https://www.youtube.com/playlist?list=PLbPWPsvL8htlqlBIKZRlvWCvLcoj9Iqt8>  Tesco Eat Happy Project videos about ‘Healthy Eating’ and different food groups.  <https://www.bbc.co.uk/bitesize/clips/zwgnvcw> Which foods do you recognise?  Draw a lunch box in your purple book or on paper. What would you put in for a healthy lunch? Try to include something from the different food groups- and a treat! Draw and label the different foods.    \\HPS-SRV-001\Staff\jpokora\Pictures\Fruit-Kabobs-on-Tray.jpg**Fruit kebabs/Fruit salad:** Choose a small selection of different fruit that your child likes and get them to help you prepare the fruit eg. slice the banana, cut the strawberries in half, cut quarters of apple, cut slices of melon into chunks. If you have some wooden kebab skewers the fruit can be threaded onto the kebab stick. It looks nice if done in a repeating pattern eg. banana, strawberry, grape, banana, strawberry, grape, …  Otherwise mix it all together as a fruit salad.  Maybe your child could squeeze an orange and  add the juice.  **Food from Around the World:** Where does our food come from? How does it get to the shops and supermarkets? You could find out about which foods are grown or made in the United Kingdom. Look at food packaging in your house or use the foods below. Where does the food come from? Look on maps. You could use Google maps to find out how far the food has travelled to get here. Look at the different countries the food is from. What continent they are in? What is the country’s capital city? Why do you think the food is grown there?   |  |  |  |  | | --- | --- | --- | --- | | Tuna | Ghana | Tea | Sri Lanka | | Olive oil | Spain | Mango | Costa Rica | | Eggs | England | Pineapple | Ecuador | | Fish | Scotland | Pepper | Morocco |   **Growing Food:** Do you grow any food at home or at an allotment? What do you think seeds need to grow? Find out how to grow different vegetables and fruits.  You could watch: <https://www.bbc.co.uk/bitesize/clips/zc62tfr> BBC Growing parsnips from seeds  <https://www.youtube.com/watch?v=lYBuY-DnCJc> TESCO Eat Happy project- Earthy Potatoes  <https://www.youtube.com/watch?v=AuYg1mEhzpk> TESCO Eat Happy project- budding Broccoli  **Food and festivals:** Many cultures have various dishes of food to celebrate their festivals. Find out about a festival and compare it to a different festival. You could watch clips from: <https://www.bbc.co.uk/cbeebies/shows/lets-celebrate>  What are the similarities? What are the differences? How is the food prepared? When do you have special meals with your family?  For lots of different families at our school it is Ramadan. During Ramadan, many Muslims will be fasting between dawn and sunset. You could find out more about Ramadan or if people in your family are taking part, you could write down what your family does during Ramadan.  **Cooking:** What foods are cooked and baked at your house? You could look at different recipes together. How did your family learn how to cook? Do they follow recipes? You could try and cook something together. Talk about measuring the ingredients, the order of the steps and how long you cook things for. How do the ingredients change when they are cooked?  **Chocolate:** Find out how chocolate is made. You could watch:  <https://www.bbc.co.uk/newsround/18778746> Chocolate factory  <https://www.youtube.com/watch?v=4vXb8Tt_VCU> TESCO Eat Happy project Where does chocolate come from?  **Fruit and vegetables printing and drawing:** Can you create some repeating patterns using fruit and vegetable printing? You could draw different patterns if you don’t have any paint at home or you could draw different pieces of fruit and vegetables- look closely at the patterns, textures and colours.  Look at the work of - Giuseppe Arcimboldo.  See the school website in the Year 1 and 2 area for the PowerPoint.  Using different drawing materials, can you create a food picture of your own? Can you draw a face using fruit fruit and vegetables for the different parts? What could you use for a mouth, nose and for eyes? | |
| **Additional learning resources parents may wish to engage with** | |
| **Oak National Academy: Daily online lessons in all subjects:**  <https://www.thenational.academy/online-classroom/schedule>  **BBC Bitesize: Daily lessons and activities in all different subjects**  <https://www.bbc.co.uk/bitesize/dailylessons>  **Music and Singing: Choose from different KS1 songs**  <https://www.bbc.co.uk/teach/school-radio/music-songs-ks1--ks2-page/znrj8xs>  **Getting Active!: BBC Supermovers active learning**  <https://www.bbc.co.uk/teach/supermovers>  **PE with Joe Wicks and Other Children’s Workouts**  <https://www.youtube.com/channel/UCAxW1XT0iEJo0TYlRfn6rYQ>  **Association of Science Education: Home Science Activities for each year group**  <https://www.ase.org.uk/ase-coronavirus-hub-primary-remote-learning-resources>  [**Twinkl**](https://www.twinkl.co.uk/offer/UKTWINKLHELPS?utm_source=promo&utm_medium=email&utm_campaign=England_coronavirus_schools_email&utm_content=offer_link) **– Lots of different resources for every subject**  Click on the link and sign up using your own email address and creating your own password.  <https://www.twinkl.co.uk/home-learning-hub>  **CEOP: Home Learning Packs about Internet Safety- new lessons each week**  <https://www.thinkuknow.co.uk/parents/support-tools/home-activity-worksheets?utm_source=Thinkuknow&utm_campaign=03cb8440df-TUK_ONLINE_SAFETY_AT_HOME_24_03_20&utm_medium=email&utm_term=0_0b54505554-03cb8440df-55195669>  **CEOP: Parent Helpsheet for Online Safety**  <https://www.thinkuknow.co.uk/professionals/our-views/parents-helpsheets/> | |
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